



DATE: Tuesday, February 23rd

TIME: 7-8:00 PM

This presentation is provided by the WCASD Mental Health Specialists. There will be a Q&A session after the presentation, so parents can receive valuable advice about any questions they may have. Community resources will also be provided, and specifics for dealing with these mental health issues during the COVID pandemic will be woven throughout the presentation. Possible topics covered in this presentation will include:

- Understanding and Setting Limits
- Accountability
- Positive Reinforcement
- Reducing Screen Time

Make sure to register at the following link:

https://bit.ly/3s42ijX



The Zoom link for this session will be sent to you on the day of the presentation.